

Section A

Study the poster (Text 1) and the online review (Text 2) and answer Questions 1–4 in the Question Paper.

Text 1 is taken from a poster about a martial arts club.

BE YOUR BEST SELF WITH MARTIAL ARTS CLUB

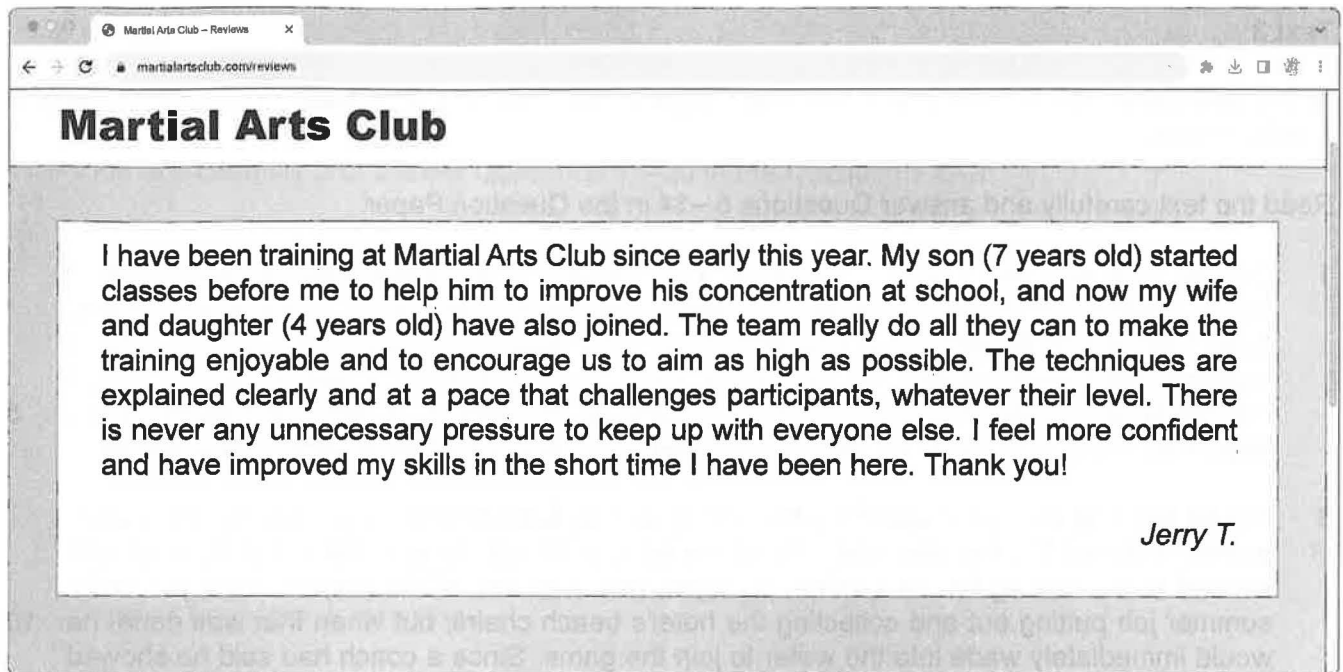


At Martial Arts Club, we understand that everybody progresses at a different rate and comes to us with a different aim, whether it's self-defence, fitness, confidence building or self-discipline, or simply a new hobby.

We recognise that making that first decision to take up a martial art is a big step. By adapting our approach to suit each student's needs and aspirations and developing their skills, we strive to make you the best you can be.



Text 2 is taken from an online review of the club.



The screenshot shows a web browser window with the address bar displaying 'martialartsclub.com/reviews'. The page title is 'Martial Arts Club - Reviews'. The main heading on the page is 'Martial Arts Club'. Below this, there is a review text box containing the following text:

I have been training at Martial Arts Club since early this year. My son (7 years old) started classes before me to help him to improve his concentration at school, and now my wife and daughter (4 years old) have also joined. The team really do all they can to make the training enjoyable and to encourage us to aim as high as possible. The techniques are explained clearly and at a pace that challenges participants, whatever their level. There is never any unnecessary pressure to keep up with everyone else. I feel more confident and have improved my skills in the short time I have been here. Thank you!

The review is signed 'Jerry T.' in the bottom right corner of the text box.





Section A [5 marks]

Refer to the poster (**Text 1**) and the online review (**Text 2**) on pages 2 and 3 of the Insert and answer Questions 1–4.

Text 1 is taken from a poster about a martial arts club.

- 1 Look at the poster (Text 1). Tick (✓) the correct answer for the statement.

The club aims to help students to

☐

develop a high level of ability.

☐

improve steadily over time.

☐

achieve their own personal goals.

[1]

- 2 Look at the three images in the poster (Text 1). What message do they emphasise about the club?

.....

..... [1]

- 3 Identify the phrase in Text 2 which reflects how the trainers adapt their 'approach to suit each student's needs and aspirations' (Text 1).

.....

..... [1]

- 4 Look at Texts 1 and 2 and statements (a) and (b) below.

Tick (✓) the correct answer for each statement.

- (a) Text 1 and Text 2 show that students at the club can expect to

☐

do the classes easily.

☐

reach their full potential.

☐

achieve the highest standard.

[1]

- (b) The writer of Text 2 is

☐

demanding.

☐

ambitious.

☐

impressed.

[1]



Section B

Text 3

In the text below, two brothers, Mehmet and Hüseyin, are spending an afternoon on the beach at a holiday resort.

Read the text carefully and answer Questions 5 –14 in the Question Paper.

- 1 One summer afternoon, a small boy played on the beach just down from the hotel. He was alone, oblivious to anything around him, passing sand from one hand to the other, digging down deeper and deeper to the spot where the sand grew cool. Again and again he passed the sand back and forth through his fingers, each time discarding the coarser grains. When only the finest grains remained, they ran like water as he opened his hands and poured them back onto the beach. He loved their smooth feel and it was an action of which he never tired. 5
- 2 For an hour he had been watching the group of long-limbed older boys playing water polo, and he yearned for the day when he would be big enough to join them. For now he was content to sit, waiting for his brother, Hüseyin, who was one of the players. Hüseyin had a summer job putting out and collecting the hotel's beach chairs, but when that was done, he would immediately wade into the water to join the game. Since a coach had said he showed promise as an athlete, he was torn between two dreams: to be either a professional volleyball player or a professional water polo player. 10
- 3 'We need to get your feet back on the ground!' teased his mother. 'Why?' demanded his father. 'With those strong legs he has as much chance as anyone.' 15
- 4 Mehmet leapt up and waved as soon as he spotted Hüseyin striding up the beach to collect him. Hüseyin waved back. Mehmet let out a deep breath. A few times recently, with his head in the clouds, Hüseyin had forgotten that he was in charge of the little boy and set off home without him. Mehmet would not have been in any danger, except that he had a three-year-old's inability to orient himself and would probably have wandered the wrong way. This place was a world away from the village where his parents had been born many years before, where back then a small child alone would never get lost. 20
- 5 Mehmet's mother called him a little miracle, but Hüseyin's pet name for Mehmet, 'little nuisance', seemed to have a truer ring. Hüseyin often felt this when he had to keep an eye on him but wanted to be off with friends. 'Come on, Mehmet, let's go home,' said the older boy, cuffing his smiling brother fondly round the ear. Holding his little brother's hand, Hüseyin made his way to the road. 25
- 6 'Hüseyin! Mehmet!' Their mother, emerging from the staff entrance to the hotel, hurried to meet them. 'Hello, darlings,' she said. Mehmet, although glad deep down to see her at last, scowled as she scooped him into her arms. He hated being picked up in the street and wriggled furiously. He was not a baby. She kissed his cheek before putting him down. 30
- 7 'Mummy?' They were passing the advertising boards showing a boy, his smile wide and cheeky, holding a glass overflowing with fizzy lemonade. One day, Mehmet thought, he would buy himself a bottle. It would make a loud 'tsok' when the top came off, and bubbles would flow like in the advert. Mehmet gazed at this image every day and never gave up hope. His mother knew what he was going to ask. 'Why have a drink in a bottle when you can have a fresh one?' she said. On reaching home, Mehmet would be handed a glass of still, pale liquid, sweetened with sugar but nevertheless sharp enough to make him draw his cheeks in. It was as flat as milk. One day, thought Mehmet. One day. Both Mehmet and Hüseyin cherished their dreams. 35 40





Section B [20 marks]

Refer to **Text 3** on page 4 of the Insert for Questions 5–14.

5 In Paragraph 1, Mehmet, a small boy, was playing alone on the beach.

(a) Why was Mehmet unaware of what was happening around him on the beach?

.....
 [1]

(b) Explain why the writer says that the finest grains of sand 'ran like water' (line 5).

.....
 [1]

6 In Paragraph 2, what did Hüseyin do which showed he was more interested in playing with his friends than in his job?

.....
 [1]

7 In Paragraph 3, explain **in your own words** how the mother's view of Hüseyin's career ambitions to be a professional sports player differed from the father's view.

.....
 [1]

8 (a) In Paragraph 4, what had Hüseyin occasionally omitted to do?

.....
 [1]

(b) What does the expression 'with his head in the clouds' (lines 17–18) tell the reader about why Hüseyin had omitted to do this?

.....
 [1]





- 9 In Paragraph 4 the reader is told that the boys' parents had moved away from where they were born. Explain how the language used emphasises the difference between the village where the boys' parents were born and the beach resort where the family lived now. Support your answer with **two** details from Paragraph 4.

.....

.....

..... [2]

- 10 In Paragraph 5, Hüseyin collected his brother from the beach.

(a) Explain why Hüseyin would sometimes call Mehmet a 'little nuisance' (lines 23–24).

..... [1]

(b) Which word in Paragraph 5 shows that Hüseyin didn't think Mehmet was a 'little nuisance' this time?

..... [1]

- 11 In Paragraph 6, Mehmet scowled at his mother when she greeted the boys.

(a) What does Mehmet's reaction tell the reader about how he felt?

..... [1]

(b) Which phrase later in Paragraph 6 describes what else he did, to show how he felt?

..... [1]

- 12 In Paragraph 7, Mehmet dreamed of a day when he could buy himself a bottle of lemonade instead of drinking his mother's homemade lemonade. Give **three** pieces of evidence from Paragraph 7 to explain how the advertisement intensified his dream.

.....

.....

.....

.....

..... [3]

- 13 How did Mehmet's mother know he was going to ask for a bottle of lemonade?

.....

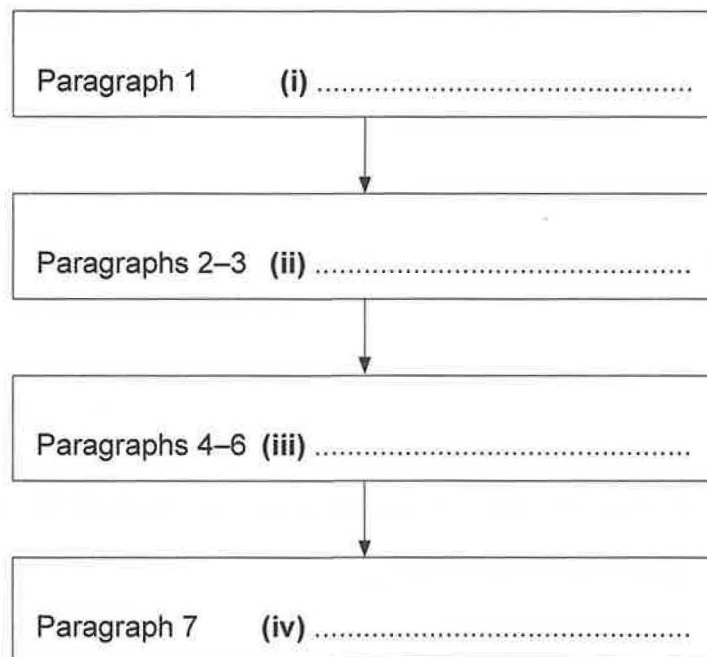
..... [1]



- 14 The structure of the text reflects Mehmet's moods as he reacted to the events during the afternoon. Complete the flow chart by choosing one word from the box which best describes Mehmet's different moods in each part of the text. There are some extra words in the box you do not need to use.

Mehmet's moods

confusion excitement focus longing patience relief surprise



[4]



Section C

Text 4

In the text below, the writer discusses the impact of the fashion industry on people and the environment.

Read the text carefully and answer Questions 15–20 in the Question Paper.

- 1 With the advent of social media, ethical issues such as animal welfare and the environment are no longer solely a subject for academic study. In the fashion industry, for example, many people today opt for 'ethical fashion' which uses eco-friendly fabrics and manufacturing processes, unlike 'fast fashion' which often harms the environment. But ethical fashion is about more than just the materials. Many experts are now urging fashion brands to consider the entire process of plant growing, fabric production, design of fashion items, transportation and increased implementation of fair trade practices for workers in the clothing industry. Fast fashion – cheap clothes and accessories, particularly those of low quality – although a major source of steady employment in developing countries, creates enormous waste that the world cannot handle. While many people claim to want to 'help the planet', it seems most still find it far too convenient to throw away their old, unwanted clothes instead of donating them to charities for resale or recycling. 5 10
- 2 Most practices employed today by the fashion industry are unsustainable; for example, the vast quantities of water required to produce and colour cotton have led to shrinking seawater volumes. As is already widely recognised, the dangerous chemicals used in clothing production, the resulting waste, and the pollution caused by transporting and selling clothes all have a severe impact on our environment. A prime offender is the production of acrylic, a man-made material derived from petroleum or coal, involving highly toxic chemicals which can remain in the ground for up to 200 years before breaking down. Estimates suggest that around 20-35% of those tiny pieces of plastic called microplastics polluting our oceans come from acrylic. These chemicals are also harmful to people, not least those working in the factories which produce the fabrics and make the clothes. 15 20
- 3 However, there is some cause for optimism. Although there is no such thing as a completely sustainable material, some fashion brands have taken up the challenge to reduce their impact on the planet. Enterprising businesses are repurposing old items of clothing by creating new fashion items from them, and large fashion brands have invested in creating new fabrics from natural fibres using seaweed, mushroom and lotus, for instance. Research has generated successful attempts at processing fibres from food waste such as orange peel and used coffee grounds. All these non-traditional fibres avoid many of the usual environmental problems of fabric production. By choosing brands which use sustainable materials, consumers are encouraging the fashion industry to change. 25 30
- 4 Another increasingly popular fibre is bamboo, a renewable natural resource that grows in areas with abundant water supplies and delivers a soft, biodegradable fabric for making clothes. However, the material is usually manufactured using chemical- and water-intensive processes. While it is possible to manufacture bamboo more sustainably, such as for bamboo linen, that process is time-consuming, making it too expensive for most people. 35
- 5 It is time for consumers to get used to either paying more or buying fewer items. They are often unaware that their buying decisions can harm the environment. They buy cheap clothes, but probably never question what their low prices reflect. One ethical clothing shop owner explains the need for people to engage in mindful shopping: 'This means shopping with awareness of what is beneficial to you, other people and the planet rather than impulsive shopping. Mindful shoppers only buy what they really need, which brings more care, value and appreciation for every item and how it was made.' Many young people are leading the way by shopping mindfully and using second-hand 'vintage' clothing shops and online apps to both buy and sell clothes. 40 45





Section C [25 marks]

Refer to **Text 4** on page 5 of the Insert for Questions 15–20.

- 15 (a) From Paragraph 1, what has been the effect of social media on the modern fashion industry?

.....
 [1]

- (b) How is the meaning of the term 'ethical fashion' changing?

.....
 [1]

- 16 According to Paragraph 1, what particular issue has fast fashion caused?

.....
 [1]

- 17 In Paragraph 1, the writer comments on people who 'claim to want to "help the planet"' (line 10).

- (a) What is the tone of the writer's comments?

.....
 [1]

- (b) What evidence does the writer give to support his comments?

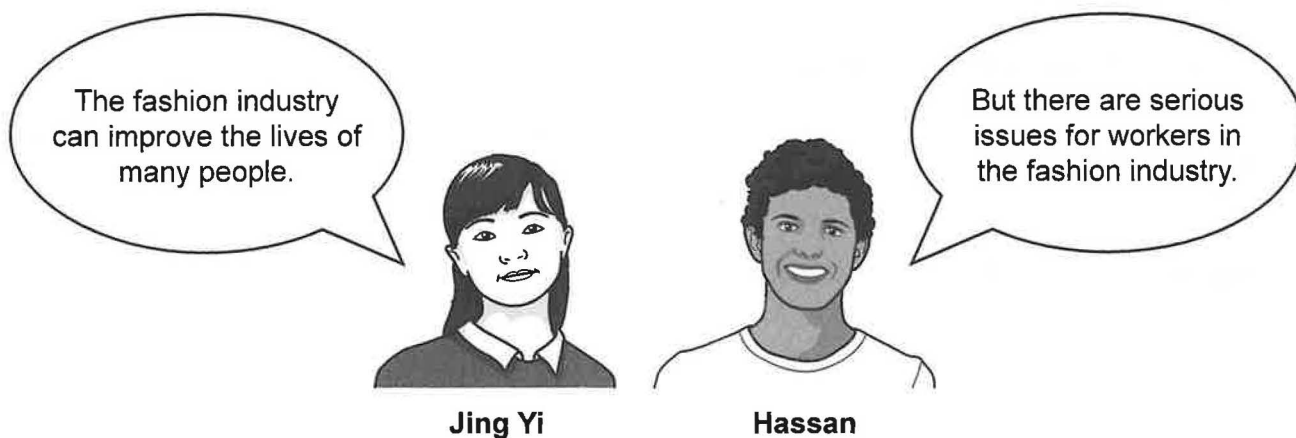
.....
 [1]

- 18 From Paragraph 2, give **two** ways in which oceans are harmed by the practices of the fashion industry.

(i)
 (ii) [2]



- 19 Here is part of a conversation between two students, Jing Yi and Hassan, who have read the article.



- (a) Give **two** pieces of evidence from Paragraph 1 to support Jing Yi's view.

- (i)
-
- (ii)
-
- [2]

- (b) Give **one** piece of evidence from Paragraph 2 to support Hassan's view.

-
-
- [1]





- 20** Using your own words as far as possible, summarise what manufacturers in the fashion industry are doing to become more sustainable and what some consumers are doing to support them, as outlined in the text.

Use only information from Paragraphs 3 to 5 of Text 4.

Your summary must be in continuous writing (not note form). It must not be longer than 80 words (not counting the words given to help you begin).

One of the ways manufacturers are becoming more sustainable is

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.