

中二快捷单元一

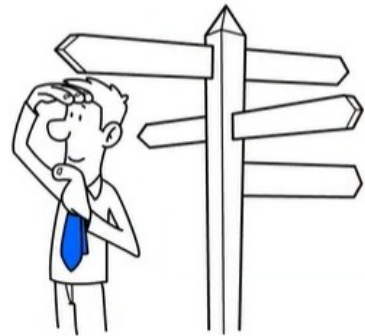
《我想对您说》 字词

1、犹豫 yóu yù

Hesitate

例句：在做重要决定时，他总是犹豫不决。

When making important decisions,
he always hesitates.



2、不分青红皂白 bù fēn qīng hóng zào bái

Without distinguishing right from wrong

例句：他在争论中不分青红皂白，让人难以理解。

He argues without distinguishing right from wrong,
making it difficult for others to understand.



3、教训 jiào xùn

Lesson

例句：失败是最好的教训。

Failure is the best lesson.



4、叛逆 pàn nì

Rebellion

例句：青少年时期常常伴随着叛逆情绪。

Rebellion is often accompanied by teenagers during adolescence.



5、委屈 wěi qū

Feel wronged

例句：她觉得受到了委屈，但没有表达出来。

She felt wronged but didn't express it.



6、内疚 nèi jiù

Guilty

例句：由于撒谎，他感到内疚不安。

He felt guilty and uneasy because of the lie.



7、不妨 bù fáng

Might as well

例句：你不妨试试这种新的方法。

You might as well try this new method.



8、匿名 nì míng

Anonymous

例句：他选择匿名捐赠，不希望被公开表扬。

He chose to donate anonymously,
not wanting to be publicly praised.



9、监督 jiān dū

Supervise

例句：领导需要对项目进行全程监督。

The leader needs to supervise the project throughout.



10、代沟 dài gōu

Generation gap

例句：代沟常常导致沟通不畅。

The generation gap often leads to communication barriers.



11、上瘾 shàng yǐn

Addicted

例句：一旦上瘾，很难戒掉。

Once addicted, it's hard to quit.



12、疏远 shū yuǎn

Estrange

例句：他们之间的疏远源于误解。

The estrangement between them stems from misunderstanding.



13、迎刃而解 yíng rèn ér jiě

Solve a problem easily

例句：她的建议让问题迎刃而解。

Her suggestion is a solution that solves the problem easily.



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《把爱说出来》 字词

1、称赞 chēng zàn

Praise

例句：老师对他的进步表示称赞。

The teacher praised him for his improvement.



2、崇拜 chóng bài

Admire

例句：她崇拜着这位成功的艺术家。

She admires this successful artist.



3、爱不释手 ài bù shì shǒu

Love something so much that one cannot part with it

例句：他对这幅画爱不释手。

He loves this painting so much that he cannot part with it.



4、碰钉子 pèng dīng zǐ

Run into obstacles

例句：他在找工作的过程中一直碰钉子。

He kept running into obstacles in the job search process.



5、泼冷水 pō lěng shuǐ

Pour cold water

例句：在他兴奋的计划中泼冷水，让他有些沮丧。

Pouring cold water on his excited plan left him somewhat disappointed.

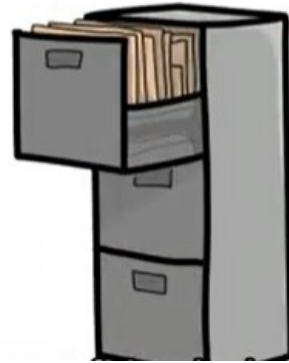


6、抽屉 chōu tì

Drawer

例句：把文件放在办公桌的抽屉里。

Put the documents in the drawer of the desk.

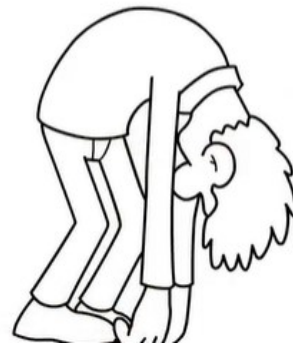


7、精疲力竭 jīng pí lì jié

Exhausted

例句：经过一整天的工作，他感到精疲力竭。

After a whole day of work, he felt exhausted.



8、衰老 shuāi lǎo

Age

例句：岁月不饶人，他渐渐显出衰老的迹象。

Time waits for no one, and he gradually shows signs of aging.



9、抑郁 yì yù

Depression

例句：长时间的抑郁可能对身体健康产生负面影响。

Long-term depression may have negative effects on physical health.



10、寂寞 jì mò

Lonely

例句：他一个人生活在异国他乡，感到很寂寞。

Living alone in a foreign country, he feels very lonely.



11、启齿 qǐ chǐ

Start to speak

例句：他费了好大的劲才启齿提出自己的看法。

He struggled to start speaking and express his opinion.



12、打退堂鼓 dǎ tuì táng gǔ

Give up halfway

例句：面对困难，他决定不打退堂鼓。

Faced with difficulties, he decided not to give up halfway.



13、懊恼 ào nǎo

Regretful

例句：事后他感到懊恼，后悔没有更好地把握机会。

Afterward, he felt regretful, wishing he had seized the opportunity better.



14、伺机 sì jī

Wait for an opportunity

例句：他一直在伺机寻找进一步发展的机会。

He has been waiting for an opportunity to further develop.



15、心不在焉 xīn bù zài yān

Absent-minded

例句：他今天心不在焉，工作效率较低。

He is absent-minded today, and his work efficiency is low.



16、破天荒 pò tiān huāng

Unprecedented

例句：这是一次破天荒的尝试，前无古人。

This is an unprecedented attempt, never done before.



中二快捷单元一

《放风筝》 字词

1、严肃 yán sù

Serious

例句：会议开始时，总裁的脸色显得十分严肃。

At the beginning of the meeting, the CEO's face looked very serious.

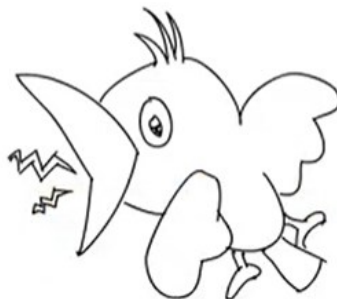


2、安抚 ān fǔ

Comfort

例句：他试图安抚受伤的小鸟。

He tried to comfort the injured bird.



3、干脆 gān cuì

straightforward

例句：他的回答直截了当，干脆利落。

His answer was straightforward and to the point.



4、风筝 fēng zhēng

Kite

例句：孩子们在公园放风筝。

The children are flying kites in the park.



5、挣脱 zhèng tuō

Break free

例句：他用力挣脱绳子的束缚。

He struggled to break free from the ropes.

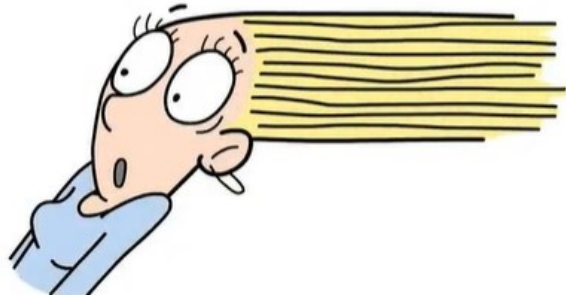


6、惊讶 jīng yà

Surprised

例句：她听到这个消息时感到非常惊讶。

She was very surprised when she heard the news.

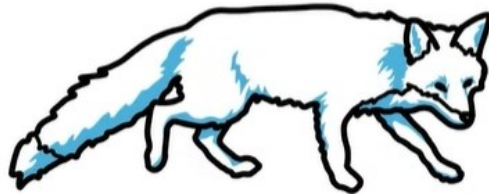


7、斑 bān

Spot

例句：狐狸的毛皮上有一些明显的斑。

There are some distinct spots on the fox's fur.



8、缠绕 chán rào

Entangle

例句：藤蔓缠绕在树枝上形成了一个美丽的花环。

Vines entangled on the branches to form a beautiful wreath.



9、搂 lōu

Embrace

例句：他搂着女儿，轻声安慰。

He embraced his daughter and comforted her in a soft voice.



中二单元三

《手机被丢弃之后》

1、统计 tǒng jì Statistics

例句：这份报告包含了最新
的经济统计数据。

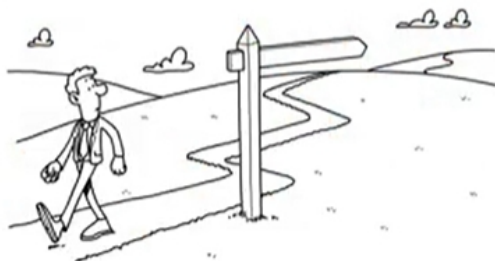
This report contains the latest
economic statistics.



2、选择 xuǎn zé Choice, select

例句：在生活中，我们常常
需要做出艰难的选择。

In life, we often need to
make difficult choices.



3、泛滥 fàn làn Flood, overflow

例句：网络上关于这个话题
的谣言已经泛滥。

Rumors about this topic on the
internet have already flooded.

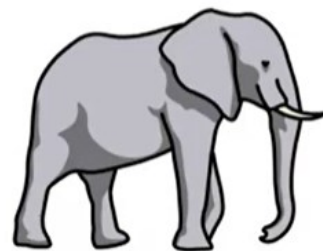


4、寿命 shòu mìng

Lifespan, life expectancy

例句：这种动物的寿命通常很长。

The lifespan of this animal is usually long.



5、途径 tú jìng

Approach, way

例句：他发现了一种新的途径来解决这个问题。

He found a new approach to solving this problem.



6、缺乏 quē fá

Lack, shortage

例句：他的计划缺乏可行性。

His plan lacks feasibility.



7、亿 yì

Hundred million

例句：这家公司的市值已经超过了一百亿美元。



The market value of this company has exceeded one hundred billion dollars.

8、遗憾 yí hàn

Regret, pity

例句：我们对他的离去感到非常遗憾。

We regret his departure very much.



9、谨慎 jǐn shèn

Cautious, prudent

例句：在做出决定之前，我们应该谨慎考虑。

We should consider carefully before making decisions.



10、妥善 tuǒ shàn

Proper, appropriate

例句：请妥善处理这些文件。

Please handle these documents properly.



中二单元三

《水都去哪儿了》

1、因素 yīn sù

Factor

例句：影响经济增长的因素有很多。

There are many factors contributing to economic growth.

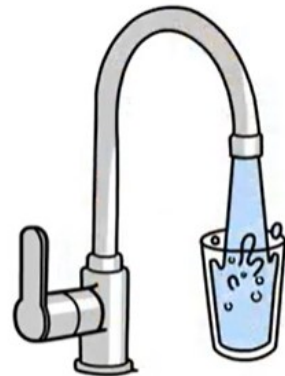


2、水喉 shuǐ hóu

Faucet, water tap

例句：请把水喉关上，不要浪费水资源。

Please turn off the faucet, don't waste water resources.



3、资源 zī yuán

Resources

例句：可再生能源是未来能源资源的重要组成部分。

Renewable energy is an important component of future energy resources.

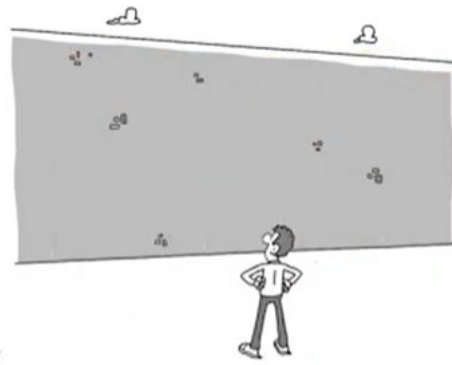


4、艰巨 jiān jù

Arduous, formidable

例句：这项任务的完成是一项艰巨的挑战。

The completion of this task is an arduous challenge.



5、昂贵 áng guì

Expensive, costly

例句：这种艺术品的价格非常昂贵。

The price of this artwork is extremely expensive.



6、消耗 xiāo hào

Consume, consumption

例句：生产过程中会消耗大量的能源和原材料。



The production process consumes a significant amount of energy and raw materials.

7、干旱 gān hàn

Drought

例句：一场干旱对农业产生了严重影响。



A prolonged period of drought has had a severe impact on agriculture.

8、扩大 kuò dà

Expand, enlarge

例句：公司计划扩大生产规模以满足市场需求。



The company plans to expand production to meet market demand.

9、蓄水池 xù shuǐ chí

Reservoir

例句：这座蓄水池为周围地区提供了灌溉水源。

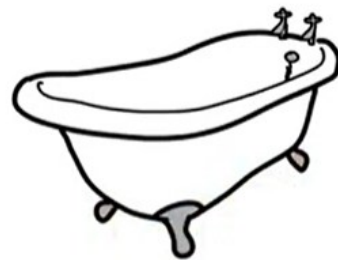


The reservoir provides irrigation water for the surrounding area.

10、洗澡 xǐ zǎo

Take a bath, shower

例句：我每天晚上都会花一些时间洗个澡放松一下。



I take a bath to relax every evening.

11、浴室 yù shì

Bathroom

例句：新房子有两个现代化的浴室。

The new house has two modern bathrooms.



12、趋势 qū shì

Trend, tendency

例句：市场上的趋势表明
消费者更喜欢环保的产品。

Trends in the market indicate
that consumers prefer environmentally
friendly products.



13、开源节流 kāi yuán jié liú

Increase income and reduce expenditure;
seek more sources of income and cut down on expenses

例句：在经济困难时期
许多家庭都采取了开源节流的方式来度过难关。

During economic difficulties, many families adopt
the strategy of increasing income and reducing
expenditure to get through tough times.



中二单元二

《助养野生动物》

1、捐款 juān kuǎn donate money

例句: 很多人在灾难中纷纷捐款,
帮助灾区的人们重建家园。

Many people donated money during
the disaster to help the people
in the affected areas rebuild their homes.



2、拯救 zhěng jiù save; rescue

例句: 救生员英勇地跳入水中,
拯救了落水者的生命。

The lifeguard bravely jumped into the water
and saved the life of the drowning person.



3、医疗 yī liáo medical treatment

例句: 这家医院提供高质量的医疗服务,
受到了患者的信赖。

This hospital provides
high-quality medical treatment
and has earned the trust of patients.



4、研究 yán jiū research; study

例句: 科学家们正在进行一项重要的研究,
以解决这个全球性问题。

Scientists are conducting
an important research
to address this global issue.



5、优惠 yōu huì preferential; favorable

例句: 这家商店提供给学生的
优惠价格受到了很多顾客的欢迎。



The preferential prices offered to students
by this store are well-received
by many customers.

6、券 quàn voucher; coupon

例句: 在购物时,
你可以使用优惠券来享受折扣。

When shopping,
you can use coupons to enjoy discounts.



7、四肢 sì zhī limbs; four extremities

例句: 受伤后, 他的四肢需要经过
康复训练才能恢复正常功能。

After the injury, his limbs need
rehabilitation training
to regain normal function.

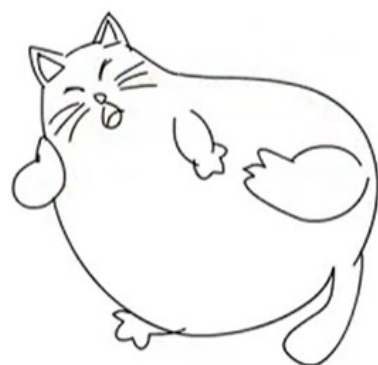


8、敏捷 mǐn jié

agile; nimble

例句: 猫是非常敏捷的动物,
可以在狭窄的空间里灵活移动。

Cats are very agile animals
that can move flexibly
in narrow spaces.



9、穿梭 chuān suō

shuttle; shuttle back and forth

例句: 忙碌的城市生活中,
人们常常需要穿梭于不同的地方。

In the busy city life, people often need to
shuttle back and forth
between different places.



10、友善 yǒu shàn

friendly; kind

例句: 这个社区以其温暖友善的氛围而闻名,
吸引着许多居民。

This community is known for its warm
and friendly atmosphere,
attracting many residents.



11、辨识 biàn shí

identify; recognize

例句: 孩子们需要学会辨识
不同的颜色和形状。

Children need to learn to
identify different colors
and shapes.



12、害羞 hài xiū

shy

例句: 她是一个害羞的女孩,
不太善于与陌生人交流。

She is a shy girl and not very good at communicating with strangers.



13、馋 chán

gluttonous; greedy for food

例句: 看到美味的食物,
他总是嘴馋得无法抗拒。

When he sees delicious food,
he can't resist the temptation
because he is greedy for it.



14、调皮 tiáo pí

mischievous; naughty

例句: 那个调皮的小男孩总是喜欢
在课堂上搞一些小恶作剧。



That mischievous little boy always likes
to play some pranks in the classroom.

15、摔跤 shuāi jiāo

wrestling

例句: 摔跤是一项古老而激烈的体育运动,
要求运动员有良好的力量和技巧。

Wrestling is an ancient and intense sport
that requires athletes to have
good strength and skills.



中二单元二

《山中奇遇》

1、丰富 fēng fù rich; abundant

例句: 这个菜单提供了丰富的选择,
满足了各种口味的顾客。

The menu offers a rich selection,
catering to customers with various tastes.



2、褐 hè brown

例句: 秋天来临时,
树叶逐渐变成了褐色,
落叶飘落在地。

With the arrival of autumn,
the leaves gradually turned brown
and fell to the ground.



3、盘旋 pán xuán circle; hover

例句: 鹰在空中盘旋, 寻找猎物。

The eagle circled in the sky,
searching for prey.



4、丝毫 sī háo

a bit; the slightest amount

例句: 他对这个问题毫不在意,
丝毫没有表现出关心的迹象。

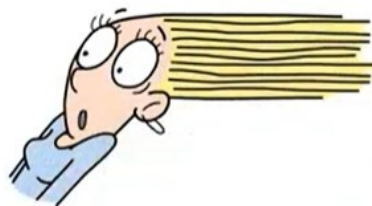
He didn't care about the issue at all,
showing not the slightest sign of concern.



5、面面相觑 miàn miàn xiāng qù

look at each other in dismay; be at a loss

例句: 当老师宣布考试取消时,
学生们面面相觑,
不敢相信自己的耳朵。



When the teacher announced the cancellation of the exam,
the students looked at each other in dismay,
unable to believe their ears.

6、愣 lèng

dazed; in a daze

例句: 他听到这个突如其来的消息后,
整个人都愣住了。

After hearing the sudden news,
he was completely dazed.



7、傻 shǎ

foolish; silly

例句: 他做了一个傻事,
后悔不已。

He did something foolish
and regretted it deeply.



中二单元二

《猫》

1、尤其 yóu qí

especially; particularly

例句: 这款手机尤其受到年轻人的喜爱。

This mobile phone is especially popular among young people.



2、愧疚 kuì jiù

guilty; remorseful

例句: 他因为自己的错误感到愧疚，决定努力弥补过失。

He felt guilty for his mistake and decided to make efforts to compensate for it.



3、光泽 guāng zé

luster; sheen

例句: 这块宝石散发着美丽的光泽，令人惊叹。

This gemstone emits a beautiful luster that is truly stunning.



4、懒懒地 lǎn lǎn de

lazily

例句: 周末的时候,
她喜欢懒懒地躺在沙发上看电影。

On weekends, she likes to lazily lie
on the sofa and watch movies.



5、妻子 qī zi

wife

例句: 他的妻子是一位温柔体贴的女人,
为家庭付出了很多。

His wife is a gentle and considerate woman
who has contributed a lot to the family.



6、啾啾 jiū jiū

chirp (sound made by small birds)

例句: 早晨的时候,
园子里传来了啾啾的小鸟叫声。

In the morning,
the garden was filled with the chirps
of little birds.



7、仰 yǎng

look up

例句: 他仰望着星空。

He looked up at the starry sky.



8、凝望 níng wàng

gaze; stare

例句: 她默默地凝望着远方,
思绪万千。

She silently gazed into the distance,
with a thousand thoughts in her mind.

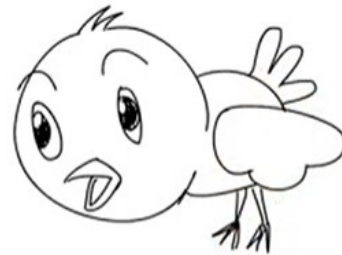


9、鸟笼 niǎo lóng

birdcage

例句: 阳台上挂着一只精致的鸟笼。

There is an exquisite birdcage
hanging on the balcony.



10、隔 gé

separate; divide

例句: 这面墙隔开了两个房间,
使它们互不干扰。

This wall separates the two rooms,
preventing them from interfering
with each other.



11、愤怒 fèn nù

anger; indignation

例句: 他因为被不公平对待感到愤怒,
决心争取自己的权益。

He felt angry about the unfair treatment
and resolved to fight for his rights.



12、畏罪潜逃 wèi zuì qián táo

flee to avoid punishment

例句: 犯罪嫌疑人畏罪潜逃,
警方正在全力追捕中。

The suspect fled to avoid punishment,
and the police are making every effort
to apprehend them.



13、喵 miāo

meow (the sound made by a cat)

例句: 猫在门口发出了一声喵,
好像在请求进入。

The cat meowed at the door,
as if requesting to come inside.

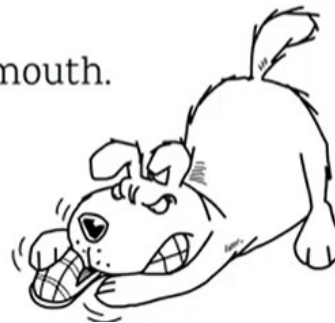


14、衔 xián

hold in the mouth; carry

例句: 小狗高兴地衔着玩具。

The puppy happily carried a toy in its mouth.



15、搞 gǎo

make; handle

例句: 他擅长技术,
经常能解决一些复杂的问题。



He is good at handling technology
and can often solve complex problems.

16、失踪 shī zōng
go missing; disappear

例句: 小女孩在公园里失踪了。

The little girl went missing in the park.



17、估计 gū jì
estimate; guess

例句: 我估计明天的会议可能会延迟。

I estimate that tomorrow's meeting
might be delayed.



中二单元五

《组屋——新加坡一道美丽的风景线》

1、简陋 jiǎn lòu

Simple and crude

这个小屋子虽然简陋，
但很温馨。

Although the cottage is simple
and crude, it's very cozy.

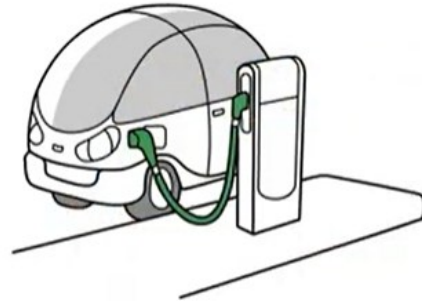


2、政府 zhèng fǔ

Government

政府正在采取措施
改善交通问题。

The government is taking measures
to improve the transportation issues.

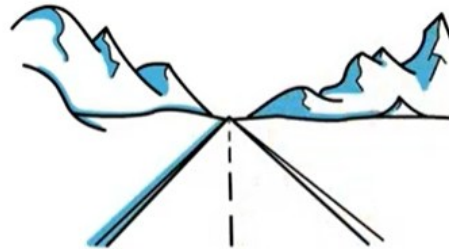


3、开辟 kāi pì

Open up; develop

这条新的高速公路将开辟
通往南部的道路。

This new highway will open up
the road to the south.



4、市镇 shì zhèn

Town; township

这个市镇风景优美，吸引了很多游客。

This town has beautiful scenery and attracts many tourists.



5、宗教 zōng jiào

Religion

这个国家有多种宗教信仰。

There are various religious beliefs in this country.



6、综合 zōng hé

Comprehensive; complex

这个综合楼群拥有商店、餐厅和办公空间。

The integrated complex comprises shops, restaurants, and office spaces.



7、诊疗所 zhěn liáo suǒ

Clinic; medical center

这个社区有一家诊疗所，为居民提供医疗服务。

This community has a clinic that provides medical services to residents.



8、经济 jīng jì

Economy

这个国家的经济正在稳步增长。

The economy of this country is steadily growing.



9、蓬勃 péng bó

Vigorous; thriving

这个城市的经济发展蓬勃。

The economy of this city is thriving.



10、富裕 fù yù

Wealthy; prosperous

这个国家的人民生活富裕。

The people in this country live prosperous lives.



11、变迁 biàn qiān

Changes; vicissitudes

这个城市经历了许多变迁。

This city has experienced many changes.

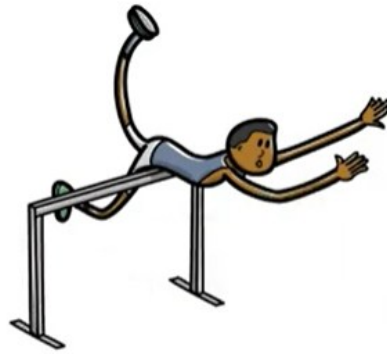


12、障碍 zhàng ài

Obstacle; barrier

缺乏资金是我们发展的一大障碍。

The lack of funds is a major obstacle to our development.



13、驰名 chí míng

Famous; renowned

这家餐厅的招牌菜驰名全城。

The signature dish of this restaurant is famous throughout the city.



14、屡次 lǚ cì

Repeatedly; time and again

他屡次被提拔为公司的重要职位。

He has been promoted to important positions in the company time and again.



15、荣誉 róng yù

Honor; glory

获得这个奖项是我人生中的一大荣誉。

Winning this award is a great honor in my life.



中二单元五

《雨树》

1、姿态 zī tài

Posture; stance

她站在那里，优雅的姿态吸引了所有人的目光。

She stood there, her graceful posture attracting everyone's attention.



2、接触 jiē chù

Contact; touch

他们在社交活动中建立了良好的接触。

They established good contact during social activities.



3、翠绿 cuì lǜ

Emerald green

春天来临时，树木叶子变得翠绿了。

When spring arrives, the leaves of the trees turn emerald green.

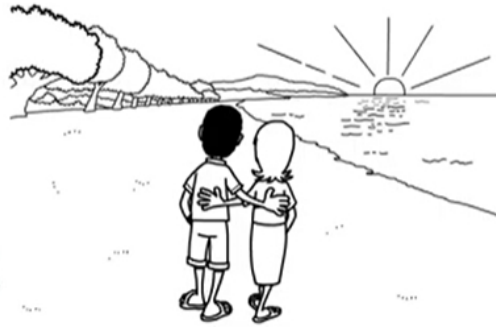


4、心旷神怡 xīn kuàng shén yí

Broad-minded and joyful

在大自然中散步，
心旷神怡。

Walking in nature is
broad-minded and joyful.



5、合拢 hé lǒng

Close; shut

他合拢书本，准备离开教室。

He closed the books and prepared
to leave the classroom.



6、林荫 lín yīn

Shade of trees; grove

炎热的夏天，人们喜欢在
林荫中避暑。

During the hot summer,
people like to take shelter from the
heat in the shade of trees.



7、樟宜机场 zhāng yí

Changi airport

樟宜机场是新加坡的
一个著名地标。

Changi Airport is a famous
landmark in Singapore.

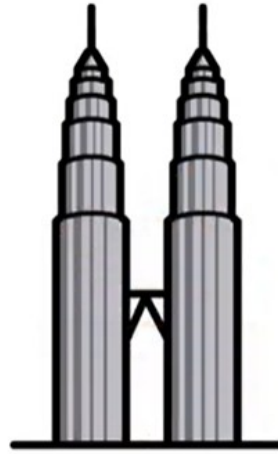


8、耸立 sǒng lì

Towering; stand tall

高楼耸立在城市的天际线上。

Skyscrapers tower over the city skyline.



9、温馨 wēn xīn

Warm and pleasant

这个小屋子给人一种温馨的感觉。



The cottage gives off a warm and pleasant feeling.

10、欣赏 xīn shǎng

Appreciate; admire

我很欣赏她的勇气和坚持不懈的精神。

I admire her courage and perseverance.



11、粗糙 cū cāo

Rough; coarse

这块木头表面很粗糙，需要打磨一下。



The surface of this piece of wood is rough and needs to be sanded.

12、婆娑 pó suō

Rustle; swaying

树林中的树叶随风
婆娑作响。

The leaves in the forest
rustle in the wind.



13、撑 chēng

Support; prop up

他用手撑着下巴，
沉思着。

He propped up his chin with
his hand, lost in thought.



14、同甘共苦 tóng gān gòng kǔ

Share weal and woe;
solidarity in joy and sorrow

在困难时期，真正的朋友会同甘共苦。

True friends share weal and woe
during difficult times.



15、茁壮 zhuó zhuàng

Strong and vigorous; thriving

这棵树长得茁壮，枝繁叶茂。

This tree grows strong and vigorous,
with luxuriant branches and leaves.



16、移民 yí mín

Immigrant; migration

这个国家有许多移民，
来自世界各地。



This country has many immigrants
from all over the world.

17、接纳 jiē nà

Accept; embrace

这个社区非常包容，
愿意接纳不同文化的人。



This community is very inclusive and
willing to embrace people from different cultures.

18、无怨无悔 wú yuàn wú huǐ

Without complaint or regret; no regrets

他在生命的道路上，无怨无悔地追求自己的梦想。
He pursues his dreams in life without complaint or regret.



中二单元六

《别上假信息的当》

1、皇帝 huáng dì Emperor

古代中国的皇帝拥有巨大的权力。

The emperors of ancient China wielded immense power.



2、典型 diǎn xíng Typical; representative

这个案例是中国经济增长的典型。

This case is typical of China's economic growth.



3、普及 pǔ jí Popularize; widespread

信息技术的普及使得人们更容易获取信息。

The popularization of information technology makes it easier for people to access information.



4、真伪 zhēn wěi

Authenticity; genuineness

这个古董的真伪需要专家鉴定。

The authenticity of this antique needs to be authenticated by experts.



5、步伐 bù fá

Pace; stride

这个国家的经济发展步伐很快。

The pace of economic development in this country is fast.



6、询问 xún wèn

Inquire; ask about

我们向老师询问了有关考试的情况。

We inquired about the exam from the teacher.



7、人云亦云 rén yún yì yún

Echo others' opinions; follow the crowd

他不会盲目人云亦云，
而是会独立思考。

He won't blindly follow others' opinions but will think independently.



8、免疫 miǎn yì

Immune; immunity

免疫系统是人体抵抗疾病的重要部分。



The immune system is an important part of the body's defense against diseases.

9、凝聚力 níng jù lì

Cohesion; cohesiveness

这个团队有很强的凝聚力，能够克服困难。



This team has strong cohesion and can overcome difficulties.

中二单元六

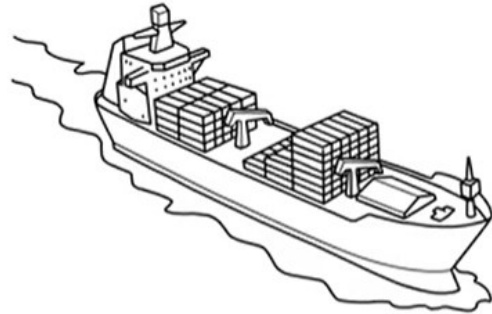
《新加坡与世界的联系》

1、贸易 mào yì

Trade

这个国家以贸易行业
闻名世界。

This country is famous
worldwide for its trade.

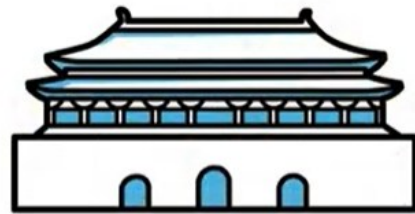


2、丝绸 sī chóu

Silk

中国古代以生产丝绸
而闻名于世。

Ancient China was famous worldwide
for its production of silk.



3、陆地 lù dì

Land

新加坡是一个小岛国，
陆地面积不大。

Singapore is a small island country
with a relatively small land area.



4、奢侈 shē chǐ

Luxury

她过着奢侈富足的生活。

She lives in luxury and enjoys a comfortable life.



5、瓷器 cí qì

Porcelain

这件瓷器是一位著名艺术家的作品。

This piece of porcelain is the work of a famous artist.



6、仪式 yí shì

Ceremony; ritual

婚礼是一个重要的仪式。

A wedding is an important ceremony.



7、秉持 bǐng chí

Uphold; adhere to

我们应该秉持公正的原则。

We should uphold principles of fairness.



8、枢纽 shū niǔ

Hub; pivot

这个城市是国际贸易的重要枢纽。

This city is a vital hub for international trade.

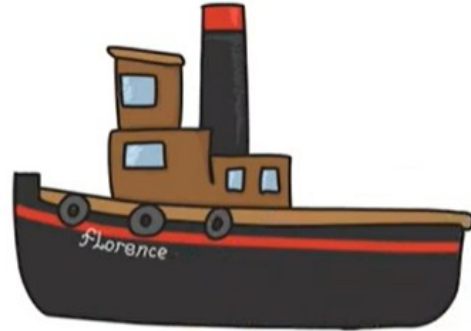


9、港口 gǎng kǒu

Port; harbor

这个港口是货物的主要出口地。

This port is a major export point for goods.



10、致力 zhì lì

Be committed to; dedicate to

他致力于保护环境。

He is dedicated to protecting the environment.



11、勾勒 gōu lè

Outline; sketch

他用笔勾勒出了一幅美丽的风景画。

He sketched a beautiful landscape with a pen.



12、高瞻远瞩 gāo zhān yuǎn zhǔ

Far-sighted; visionary

作为领导者，他总是高瞻远瞩地规划未来。

As a leader, he always plans for the future with a far-sighted vision.



中二单元四

《最美的姿势》

1、脖子 bó Zi

Neck

她戴着一条项链，
把脖子装饰得很漂亮。

She wore a necklace that
adorned her neck beautifully.



2、社交媒体 shè jiāo méi tǐ

Social media

社交媒体已经成为人们
日常生活的一部分。

Social media has become
a part of people's daily lives.



3、缺陷 quē xiàn

Defect; flaw

每个人都有自己的缺陷。

Everyone has their own flaws.



4、姿势 zī shì

Posture; position

她优雅地坐在沙发上，
保持着端正的姿势。

She sat gracefully on the sofa,
maintaining a proper posture.



5、拘束 jū shù

Restraint; constraint

他感到很拘束，
不知道该怎么跟陌生人交流。

He felt very restrained and didn't know
how to communicate with strangers.



6、嘈杂 cáo zá

Noisy; bustling

街上的嘈杂声让她感到头疼。

The noise on the street
gave her a headache.



7、沮丧 jǔ sàng

Depressed; disheartened

失败的经历让他感到沮丧。

The experience of failure
left him feeling depressed.



8、若有所思 ruò yǒu suǒ sī

As if in deep thought; pensive

她坐在那里，若有所思
地凝视着远方。

She sat there, gazing into the
distance as if lost in thought.



9、模糊 mó hù

Blurry; vague

图片模糊不清，无法辨认。

The picture is blurry and indistinct,
making it unrecognizable.



中二单元四

《心情手账》

1、自卑 zì bēi

Inferiority

他总是觉得自卑，
缺乏自信心。

He always feels inferior
and lacks confidence.



2、身材 shēn cái

Figure; physique

她保持着苗条的身材。
She maintains a slender figure.



3、羡慕 xiàn mù

Admire; envy

她羡慕别人的幸福生活。
She envies others' happy lives.



4、抗拒 kàngù

Resist; resistances

他抗拒他父母的安排。

He resisted his parents' arrangements.



5、诱惑 yòu huò

Temptation

他抵挡不住美食的诱惑。

He couldn't resist the temptation of delicious food.



6、毅力 yì lì

Perseverance; willpower

他凭借毅力成功地完成了目标。

He successfully achieved his goal with perseverance.



7、戒 jiè

Quit; renounce

他下定决心要戒烟。

He is determined to quit smoking.



8、茫然 máng rán

Perplexed; bewildered

他对这个问题感到茫然。

He was perplexed by the question.



9、瞌睡 kē shuì

Drowsiness

下午的时候总是容易犯瞌睡。

It's easy to feel drowsy in the afternoon.



10、嫌 xián

Dislike; suspicion

他有些嫌弃这家餐厅的食物。

He dislikes the food at this restaurant a bit.



11、逼 bī

Force; compel

他们逼得他没有选择。

They left him no choice but to comply.



12、烹饪 pēng rèn

Cooking; culinary arts

她对烹饪很有天赋。

She has a talent for cooking.



13、符合 fú hé

Accord; conform

他的行为完全符合规定。

His actions fully conform to the regulations.



中二单元四

《恐怖事件》

1、憋 biē

Hold back; suppress

他憋着笑，不想让别人知道他的开心。



He suppressed his laughter,
not wanting others to know he was amused.

2、委婉 wěi wǎn

Euphemistic; tactful

她用委婉的语言
拒绝了他的邀请。



She tactfully declined
his invitation.

3、彻底 chè dǐ

Thoroughly; thoroughly

他们彻底清理了房间。

They cleaned the room thoroughly.



4、缝 fèng (多音字)

Sew; seam

她在裙子上缝了一道花边。

She sewed a lace trim on the skirt.



5、掩 yǎn

Cover up; conceal

他掩着嘴笑了起来。

He covered his mouth and laughed.



6、恐惧 kǒng jù

Fear; dread

在黑暗中，他感到了一种莫名的恐惧。

In the darkness,
he felt a nameless fear.



7、走廊 zǒu láng

Corridor; hallway

她在走廊里迷了路。

She got lost in the hallway.



8、锁 suǒ

Lock

他把门锁上了。

He locked the door.



9、熄灯 xī dēng

Turn off the light

他们在睡前熄灯。

They turned off the lights before sleeping.



10、颤抖 chàn dǒu

Tremble; shiver

他冷得直颤抖。

He shivered from the cold.



11、隐约 yīn yuē

Indistinct; faint

在雾中，远处的山
只能隐约看见。



In the fog, the distant mountains
were barely visible.

12、瑟瑟 sè sè

Rustle; shiver

寒风呼啸，树叶瑟瑟作响。

The cold wind howled,
and the leaves rustled.



13、恐怖 kǒng bù

Terror; horror

这部电影充满了恐怖和悬念。

The movie is full of
terror and suspense.



14、通宵 tōng xiāo

Stay up all night; overnight

他们通宵达旦地讨论
了这个问题。

They discussed the
problem overnight.



15、惊悚 jīng sǒng

Thrilling; suspenseful

这是一部令人毛骨悚然
的惊悚电影。

It's a thrilling horror movie that
sends chills down your spine.



16、和谐 hé xié

Harmony; harmonious

这个社区的氛围十分和谐。

The atmosphere in this community
is very harmonious.

