

Name: _____ () Class: _____



St Andrew's Secondary School
Timed Practice
English Language Paper 1
Secondary Four Express / 5NA

Date : 19 May 2023
Duration : 1 hour 50 minutes
Marks : 70

Candidates answer in the Question Booklet.

INSTRUCTIONS TO CANDIDATES

Do not open this question paper until you are told to do so.

READ THESE INSTRUCTIONS FIRST

Write your name, class, subject teaching group and index number in the spaces at the top of this page.

Write in dark blue or black ballpoint pen.

Do not use staples, paper clips, glue, correction fluid, tape or highlighters.

Answer Section A, Section B and one question from Section C.

Section A [10 marks]

Carefully read the text below, consisting of 12 lines, about the future of food. The first and last lines are correct. For eight of the lines, there is one grammatical error in each line. There are two more lines with no errors.

If there is NO error in a line, put a tick (✓) in the space provided.

If the line is incorrect, **circle** the incorrect word and write the correct word in the space provided. The correct word you provide must not change the original meaning of the sentence.

Examples:

I arrived to my destination at 2pm. at _____

My mother always wears sensible clothes. ✓ _____

It ought to be obvious to anyone with an appetite that the way we eat is
not sustaining – and that something fundamental will have to shift if we do 1. _____
not want our civilisation to end up at crisis - half the world obese and the 2. _____
other half under water. It is in this context that “future food” – food that 3. _____
promises to be good for you and the animals and the environment – have 4. _____
taken on the buzz. Entomophagy or eating insects are gradually gaining 5. _____
traction as insects are a reliable source for protein and micronutrients. 6. _____
Although we can get our heads around factory-farmed chicken, and the 7. _____
Impossible Burger, we could probably get our heads around cricket flour 8. _____
and mealworm Bolognese. In time to come, they can hopefully normalise 9. _____
insect-eating and look at those cultures that eat an insect-based diet 10. _____
regularly with admiration as opposed to disgust.

Adapted from <https://www.theguardian.com/food/2021/may/08/if-we-want-to-save-the-planet-the-future-of-food-is-insects#:~:text=The%20edible%20insects%20market%20will,part%20of%20their%20weekly%20shop.>

Section B

Read the poster below and use the information to answer the question on page 3 of the Question Booklet.

TIPS TO DEAL WITH EXAM STRESS





1. TAKE REGULAR STUDY BREAKS

Doing things you love and going out of the house for exercise reduce stress hormones and stimulate endorphins, which together help foster relaxation. Taking purposeful breaks also refreshes your brain, and increases your energy, productivity and ability to focus.

Don't change your routine, miss your meals or pull all-nighters. Instead, create a schedule which has enough time for all the activities you need to do in the day, including having proper meals! Don't underestimate the power of following a routine and planning your time!





3. SET ACHIEVABLE GOALS

Set daily study targets that are realistic and achievable to make yourself feel accomplished at the end of the day.

Identify your learning gaps and seek help from your teachers early. At times, it is also healthy to talk to a trusted friend or adult if you need advice or just a space to talk!



Adapted from: <https://www.columbia.ab.ca/tips-deal-exam-stress/>

Section B [30 marks]

You are advised to write between 250 and 350 words for this section.

Question 2

You should look at the poster on page 2, study the information carefully and plan your answer before you begin to write.

The school's examination period is round the corner and you noticed that many of your classmates have been complaining about their workload and stress levels.

As a member of your school's journalist team, you are given an opportunity to write an article for your school magazine, *Voices*. You came across a poster showing ways to deal with examination stress and thought this will be a good chance for you to share some tips on how your schoolmates can have a smooth-sailing and manageable examination period.

In your article, you must:

- give a title
- explain why managing stress is important
- explain the ways your schoolmates can take to manage their stress levels before the examinations
- suggest how your schoolmates can support each other during the examination period

Write your article in **clear, accurate** English and in an **encouraging and lively** tone, to motivate your schoolmates and give them hope during this stressful period.

You may add any other details that you think will be helpful.

You should **use your own words** as much as possible.

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Section C [30 marks]

You are advised to write between 350 and 500 words on one of the following topics.

Questions 3–6

3. Describe three qualities that are most important for you in a classmate.
4. Teenagers today place too much importance on social media presence. Do you agree?
Why or why not?
5. Do you think that being highly paid is more important today than it was a generation ago?
Why or why not?
6. Write about a time when your friend asked you to do something for him that landed you into trouble.

Please write your chosen question number (3, 4, 5 or 6) here:

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